# WORKPLACE MENTAL HEALTH CONSULTATIONS



### MENTAL HEALTH MATTERS

Physical health is often a major consideration for organizations, but what about the mental health of employees? Whether you follow a remote, inoffice, or blended arrangement, a robust mental health strategy can help employees be more resilient and fulfilled, and contribute to your company thriving even better.

# **ABOUT US**

TSM TheSafetyMaster™ creates value for their customers by providing ingenious services in the field of Safety. We believe sustainable development is the pathway to the future & it can only be achieved by transformation.

## **SERVICES**

TSM TheSafetyMaster Provide the following services:-

- Office Safety Audit, Training and System Development
- Psychological Behaviour Assessment & Report
- Stress Management Program
- Behaviour Safety Programs
- Occupational Health Audits



# **BENEFITS**

- Lowering health care costs.
- Reducing workers' compensation and disability-related costs.
- Improving employee morale and loyalty.

BECAUSE OF THE EVER-INCREASING COSTS OF HEALTH INSURANCE AND THE IMPORTANCE OF EMPLOYEE HEALTH, EMPLOYERS SHOULD CONSIDER IMPLEMENTING A WELL-THOUGHT-OUT WELLNESS PROGRAM THAT BENEFITS BOTH THE EMPLOYEE'S HEALTH AND THE EMPLOYER'S BOTTOM LINE.